

FIRST AID DO'S AND DON'TS

When bitten by a snake...

DO



Move victim from danger



Call the medical response number.



Remove all jewellery



Circle the site of the bite with a pen and note the time



Immobilize the affected limb.



Help calm the patient.



Position the victim while lying on the side, to ensure an open airway



Help move the victim into the ambulance, once it arrives.

DON'T



Panic (and neither should the victim)



Pursue or try to kill the snake



Apply touniquet or tight clothing



Use the affected limb



Use traditional methods such as herbs or black stones to try and extract the venom

When spit in the eyes

DO



Irrigate the eye with a lot of water/ milk/ urine



Call the emergency number



Put a pad over the affected eye

DON'T



Rub the eye

Kenya Snakebite Research and intervention centre (K-SRIC) Snakebite Emergency Response System. (SERS)

